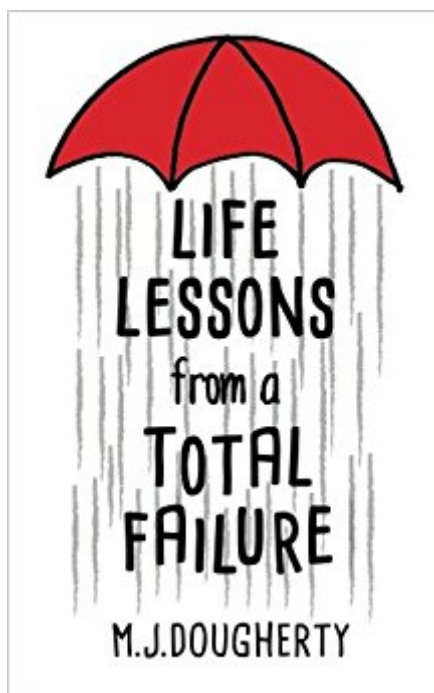


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# Life Lessons From A Total Failure



## Synopsis

\*\*\*Now in development for a TV SITCOM \*\*\*- Award-Winning Finalist for FOREWORDÂ REVIEW Book of the Year!- Award-Winning FinalistÂ in the 2016 Best Book Awards- #1 Best Seller in multiple genres!None of us have all the right answers. Certainly not on the first try. But what we do have are experiences, mentors, friends, family, and even enemies from which we learn. And in my case, I sure did a lot of learning.Â I can&apos;t offer you the right answers. And even if I could, what&apos;s right for me might not be ideal for you. What I can promise you is unfettered candor. From leaving home as a teenager to living and working abroad, from starting my own small business to knowing when it was time to accept defeat, from chasing my dreams to relishing life&apos;s challenges.Â Â I have embraced what makes me unique. And I hope my story inspires you to do the same.

## Book Information

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## Customer Reviews

"I have long since been a fan of books which tell an inspirational story and offer motivation to those who work their way through the pages, but this, having devoured it in one sitting, has easily rocketed into my top three." -Rebecca Haslam, PopWrapped.com"At the end of the day, M.J. encourages readers to not fear failure, and embrace the experiences, failures, and wins that make you unique. I suspect that if you spend a few hours of your time with this book, you won&apos;t be disappointed." -RetirementSavvy.netÂ "It&apos;s a refreshingly honest book, encouraging readers to be the best they can be, with a healthy sense of contentment and peace of mind. It&apos;s well-written, interesting, and relatable - everyone has made mistakes, and everyone can stand to

learn from them." -Motherhood Moment"From start to finish this book was so damn relatable when it comes to forging ahead when life seems like things can't get any worse and when you feel like you're alone and adrift in this crazy world." - Read-Love-Blog.com

M.J. Dougherty is a recovering failure originally from the adorable town of Clarks Summit, PA. M.J. can frequently be found talking to others about the events of his life and helping motivate them toward the life of their dreams. When he's not sharing his disasters with the world and helping them get back on track, M.J. can be found either on the set of one of your favorite television shows, singing wherever anyone will listen, or enjoying his life in Los Angeles, CA.

In this very personal account of his life's failures," MJ transforms his worst experiences into a powerful message about learning to love yourself. If you've ever felt alone or worthless - that your life just COULD NOT get any worse - MJ's story may help you. His writing is incredibly engaging and relatable, starting with the extended metaphor of life as a Hollywood sitcom. I felt like he was just sitting on the couch with me telling his story. I felt so connected with him. The written word is like magic in that it lets you see into someone else's thoughts and hopes and dreams, their insecurities and fears and failures. In a world where we spend our time cultivating the best version of ourselves on social media, it's refreshing to be able to hear someone speak honestly about what they consider their worst failures. MJ says it best himself: "Although I felt for a long time that my struggles were singular and my mistakes were one of a kind, I've realized more and more that my failures connect me with people more than they divide them. When we start being real and honest with ourselves, people notice, and we start making an impact on those around us. I'm grateful MJ chose to share his story as a way to uplift those around him. I'm sure you will too."

I have read countless self-help books looking for the one that would speak to me, the one that would motivate me to live the best life possible. Lately I've been feeling low and defeated. I've had more than my share of setbacks and flat out failures with no relief in sight. MJ was my high school classmate and it was evident he was always destined for greatness. MJ's book came out at the perfect time. Not only is MJ a great writer, but he touched my soul in ways other books haven't. I expected to be entertained by this book, but I was thrilled to find myself saying, "If MJ can get through xyz, I can do this!" I feel a sense of excitement about where my path will take me and I have

hope and the tools to reach the stars now where I had only despair before. If you are looking for an honest, motivational kick in the butt to stop living a life that is a sham, get this book! It will be the best thing you have done for yourself! Start living life in the middle, you'll be glad you did!

Very clever yet uncomplicated writing that immediately draws you into a binge read. I was immediately hooked, couldn't put it down so I dropped everything to read it all in one day! This book is a very enjoyable, amusing, entertaining, and overall just a fun read. His writing style seems so effortless and personal that it seems as though you are just hanging out in a pub talking over a few pints late into the night. It may have helped that I drew many parallels with his anecdotes, whether from my life or that of lifelong friends. I also loved the realness and local references. My only complaint is that I want more. I'm already imagining a travel journal/guide book, a book detailing your teen years, and much more. Bravo on your first book and I am looking forward to many more!

I loved the book from the cover to the end. Valuable lessons learned early in adulthood expressed intelligently through his clever and timeless perspective. The red umbrella on the cover seems to wrap the chapter titles all together in a humorous slant that protects the story from the gloom of a rainy day and ends in the light of day with life lessons that will keep your days bright! His courage, bravery and love for people shines through the book.

I have known MJ for a long time and can say that no matter how hard his life has been, he has always had a smile on his face. MJ's book is light, refreshing, and a great reminder to all of us to keep life in perspective. His witty and realistic writing style makes his story extremely relatable and close to home. This is a must read for anyone looking for an entertaining read that will help them change their perspective and grow as a person.

Everyone should read this book! It is a human story that will touch anyone's heart and make them feel a connection with the author, M.J. Dougherty. What I love most about M.J.'s book is his honesty. With each page turn, readers accompany M.J. through the ups and downs of his life. The writing is perfectly descriptive, painting a strong mental picture of each leg of M.J.'s journey. Furthermore, the descriptions and story lines are so well done that it is a natural side effect to be completely emotionally engaged in every word. Buy it. Read it. You won't be disappointed.

I couldn't put the book down! I felt like I was sitting with M.J. and having a conversation. It was inspiring to read a honest story that everyone can relate to in their own way. Great job M.J. , thank you for sharing your story and for the advice along the way. I'll be sure to keep your Uncle's advice in mind if I ever sway from the middle ground. I look forward to your next book.

Through an honest, genuine, and heartfelt approach to storytelling, M.J. Dougherty shares his life journey. This book captures your attention, and heart, from the first page through the last. The raw emotion described through this book is familiar to anyone who has faced a difficulty in life. I laughed, smiled, cried, felt love, and pulsed with anger as I walked the journey with M.J. This book provided a sense of understanding and hope for all that I have faced, and that is still to come. This book is a great read for anyone who is searching for the hope in times of struggle.

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